



**THE SECOND SUNDAY IN LENT:  
HOLY EUCHARIST**

**SUNDAY, MARCH 8, 2020 AT 10:30 AM**

**St. George's Anglican Church: 1101 Stanley Street, Montreal, QC**  
office@st-georges.org • Tel: (514) 866 7113 • www.st-georges.org

(Please join in the congregational parts of the service, which are shown in **bold print**.)

**Ministering in the service today ... Celebrant:** The Rev. Karen Egan; **Preacher & Deacon:** Ms. Susan Searle; **Ministrants:** David Wigglesworth, Richard Johansen; **Server:** Patrick Burrowes; **Torches:** Hernan Torres, Kasra Golnaraghi; **Readers:** Marleen O'Connell, Celine Giangi; **Intercessor:** Sylvia White; **Greeters:** Tom Davidson, Tom Burpee, Gustave Arroyo; **Altar Guild:** Marleen O'Connell; **Children's Ministry Coordinator:** Elodie Lambert; **Music Director:** Jean-Sébastien Allaire; **Organist:** Philip Crozier.

**Prelude:** O Mensch, beweine dein' Sünde gross (BWV 622) - *J.S. Bach (1685-1750)*  
(*O man, bemoan thy grievous sin*)

Processional Hymn: #468 – "TO ABRAHAM AND SARAH"

*Please stand & sing*



1. To A - bra - ham and Sa - rah the call of God was clear: "Go  
2. From A - bra - ham and Sa - rah a - rose a pil - grim race, de -  
3. We of this gen - er - a - tion on whom God's hand is laid can



forth and I will show you a coun - try rich and fair. You  
- pen - dent for their jou - rney on God's a - bun - dant grace; and  
jour - ney to the fu - ture se - cure and un - a - fraid, re -



need not fear the jour - ney, for I have pledged my word that  
in their heart was writ - ten by God this sav - ing word, "That  
- joic - ing in God's good - ness and trust - ing in this word, "That



you shall be my peo - ple and I will be your God."  
you shall be my peo - ple and I will be your God."  
you shall be my peo - ple and I will be your God."

TEXT: Judith A. Fetter (1937- ). © (1984) Judith A. Fetter. MUSIC: Thornbury; Basil Harwood (1859-1949); music published by permission of the executors of the late Dr. Basil Harwood.

## ✠ The Penitential Rite

*Please kneel or be seated*

*Priest:* The Lord be with you.

*People:* **And also with you.**

*Priest:* Let us pray. Almighty God,

*All:* **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

*Priest:* Blessed be God who forgives all our sins;

*People:* **whose mercy endures forever.**

*Priest:* Dear friends in Christ as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

**The Kyrie** - *Communion Service in A minor - Harold Darke (1888-1876)*

*Sung by the Choir*

*Kyrie eleison, Christe eleison, Kyrie eleison.*

## Confession and Absolution

*Priest:* We have been wounded.

*People:* **O God, heal us.**

*Priest:* We stumble in the darkness.

*People:* **Light of the world, transfigure us.**

*Priest:* We forget that we are your home.

*People:* **Spirit of God, dwell in us.**

*Priest:* Eternal Spirit,

*People:* **living God, in whom we live and move and have our being, all that we are, have been, and shall be is known to you. In the very secret of our hearts you know all that rises to trouble us. Living flame, burn into us. Cleansing wind, blow through us. Fountain of water, well up within us; that we may love and praise in deed and in truth. Amen.**

*Priest:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

*People:* **Amen.**

# The Collect of the Day

*Please kneel or be seated*

*Priest:* Almighty God, we come to you in the darkness of Lent, seeking the light of your presence. Transform our lives through water and the spirit, that as we journey toward the cross, we may be reborn in your image. We ask this in the name of Jesus Christ our Lord. **Amen.**

## Old Testament Reading

*Reader:* A Reading from the Book of Genesis.

*Please be seated*

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

*Reader:* The Word of the Lord.

Genesis 12.1-4a

*People:* **Thanks be to God.**

*A moment of silence is observed*

Psalm 121 – Paraphrase #543 “UNTO THE HILLS”

*Please stand & sing*



1. Un - to the hills a - round do I lift up my long - ing eyes; O whence for  
2. He will not suf - fer that thy foot be moved: safe shalt thou be. No care - less  
3. Je - ho - vah is him - self thy keep - er true, thy change - less shade; Je - ho - vah  
4. From ev - ery e - vil shall he keep thy soul, from ev - ery sin; Je - ho - vah



me shall my sal - va - tion come, from whence a - rise? From God the Lord doth  
slum - ber shall his eye - lids close who keep - eth thee. Be - hold, our God, the  
thy de - fence on thy right hand him - self hath made, And thee no sun by  
shall pre - serve thy go - ing out, thy com - ing in. A - bove thee watch - ing,



come my cer - tain aid, from God the Lord, who heaven and earth hath made.  
Lord, he slum - bereth ne'er, who keep - eth Is - rael in his ho - ly care.  
day shall ev - er smite; no moon shall harm thee in the si - lent night.  
he whom we a - dore shall keep hence - forth thee, yea, for ev - er - more.

## New Testament Reading

*Reader:* Lettre de saint Paul Apôtre aux Romains.

*Please be seated*

Que dirons-nous alors d'Abraham, notre ancêtre selon la chair ? Qu'a-t-il obtenu ? Si Abraham était devenu un homme juste par la pratique des œuvres, il aurait pu en tirer fierté, mais pas devant Dieu. Or, que dit l'Écriture ? Abraham eut foi en Dieu, et il lui fut accordé d'être juste. Si quelqu'un accomplit un travail, son salaire ne lui est pas accordé comme un don gratuit, mais comme un dû. Au contraire, si quelqu'un, sans rien accomplir, a foi en Celui qui rend juste l'homme impie, il lui est accordé d'être juste par sa foi. Car ce n'est pas en vertu de la Loi que la promesse de recevoir le monde en héritage a été faite à Abraham et à sa descendance, mais en vertu de la justice obtenue par la foi. En effet, si l'on devient héritier par la Loi, alors la foi est sans contenu, et la promesse, abolie. Car la Loi aboutit à la colère de Dieu, mais là où il n'y a pas de Loi, il n'y a pas non plus de transgression. Voilà pourquoi on devient héritier par la foi : c'est une grâce, et la promesse demeure ferme pour tous les descendants d'Abraham, non pour ceux qui se rattachent à la Loi seulement, mais pour ceux qui se rattachent aussi à la foi d'Abraham, lui qui est notre père à tous. C'est bien ce qui est écrit : J'ai fait de toi le père d'un grand nombre de nations. Il est notre père devant Dieu en qui il a cru, Dieu qui donne la vie aux morts et qui appelle à l'existence ce qui n'existe pas.

*Reader:* Parole du Seigneur.

***People:* Nous rendons grâce à Dieu.**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Romans 4.1-5, 13-17

*A moment of silence is observed*

Sequence Hymn: #456 – “HE COMES TO US AS ONE UNKNOWN”

*Please stand & sing*

*The first three verses are sung before the Gospel, the remaining verses, after.*



1. He comes to us as one un-known, a breath un - seen, un-
2. He comes when souls in si - lence lie and thoughts of day de-
3. He comes to us in sound of seas, the o - cean's fume and
4. He comes in love as once he came by flesh and blood and
5. He comes in truth when faith is grown; be - lieved, o - beyed, a-



- heard; as though with - in a heart of stone, or shriv - eled seed in  
- part, half - seen up - on the in - ward eye, a fall - ing star a-  
foam; yet small and still up - on the breeze, a wind that stirs the  
birth; to bear with - in our mor - tal frame a life, a death, a  
- dored: the Christ in all the scrip - tures shown, as yet un - seen, but



- dark - ness sown, a pulse of be - ing stirred.  
- cross the sky of night with - in the heart.  
tops of trees, a voice to call us home.  
sav - ing name for ev - ery child of earth.  
not un - known, our Sav - iour, and our Lord.

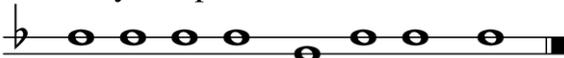
TEXT: George Hunt Smyttan  
(1822-1870), rev. *Hymns for  
Today's Church*. © 1982 Hope  
Publishing Co. MUSIC: Heinlein  
(Aus der Tiefe); Melody attrib.  
Martin Herbst (1654-1681).

## The Gospel

*Priest:* The Lord be with you.

*People:* **And also with you.**

*Priest:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* 

Glo-ry to you, Lord Je - sus Christ.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above."

Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, what whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

*Priest:* The Gospel of Christ.

John 3.1-17

*All:* 

Praise to you, Lord Je-sus Christ.

**Sermon:** Ms. Susan Searle

*Please be seated*

*A moment of silence is observed.*

## **The Prayers of the People**

*Please kneel or be seated*

*Leader:* Loving God, because we trust you, we come to you now. We pray for the church.

*Prayers for the church are offered*

We bring all those who find it so hard to believe, so hard to trust in a faithful loving God; we bring those who teach the faith; all who preach and chat the good news. Give the right words for each situation and each person, and enable the seed to take root and grow. In you, O Lord:

*All:* **We put our trust.**

*Leader:* Gracious God, we pray for the world, asking you to bring light to all its darkness.

*Prayers for the world are offered*

We bring those whose authority and decisions affect the lives of many people and

the health of the planet. We pray for sensitivity and honesty, and the strength to retain integrity even in positions of power. In you, O Lord:

**All: We put our trust.**

*Leader:* Merciful God, we pray for the sick and the suffering, the lonely and the lost.

*The names of the sick and suffering are offered*

I invite your prayers, spoken aloud or offered in the sanctity of silence.

*Please offer your prayers, as the Spirit moves you*

We bring all for whom illness or injury has caused disruption, uncertainty and the prospect of long-term change; all who find their lives are spinning out of their control; give them working knowledge of your total loving and unchanging presence, so that in all the changes and troubles of life they may be assured of your everlasting protection. In you, O Lord:

**All: We put our trust.**

*Leader:* Eternal God, we pray for those who have passed from darkness to light.

*The names of those who have died are offered*

*Leader:* Rest eternal grant unto them, O Lord.

**All: And let light perpetual shine upon them.**

*Leader:* May they rest in peace and rise in Christ's glory. We thank you for your understanding and compassion and pray that they may know the forgiveness, peace and joy of heaven. Bless and comfort their loved ones, and welcome all your faithful people to the place you have set apart in the fathomless depths of infinity. In you, O Lord:

**All: We put our trust.**

*Leader:* As we call to mind the guidance, help, and protection you give us each moment of every day, we thank you and praise you, Holy God; for you alone have the words of eternal life. Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ.

**All: Amen.**

## **The Nicene Creed**

*Please stand*

*Priest:* Let us confess our faith as we say,

**All: We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father.**

**Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven, and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## The Peace

*Please stand*

*Priest:* The peace of the Lord be always with you.

*People:* **And also with you.**

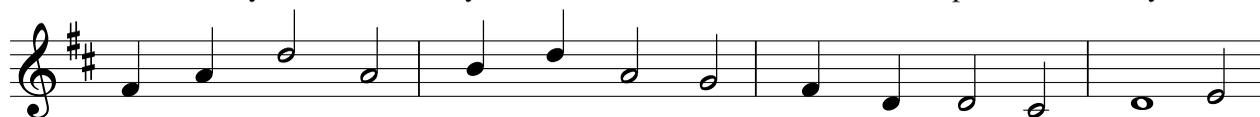
*Ministrant:* The Son of man must be lifted up,  
that whoever believes in him may have eternal life. (*John 3.14-15*)

## Offertory Hymn: #498 – “HOW LOVELY IS THY DWELLING PLACE”

*All sing*



1. How love - ly is thy dwell - ing place, O Lord of hosts, to me! My  
2. Be - side thine al - tars, gra - cious Lord, the swal - lows find a nest; how  
3. They who go through the des - ert vale will find it filled with springs, and  
4. One day with - in thy courts ex - cels a thou - sand spent a - way; how



thirst - y soul de - sires and longs with - in thy courts to be; my  
hap - py they who dwell with thee and praise thee with - out rest, and  
they shall climb from height to height till Zi - on's tem - ple rings with  
hap - py they who keep thy laws nor from thy pre - cepts stray, for



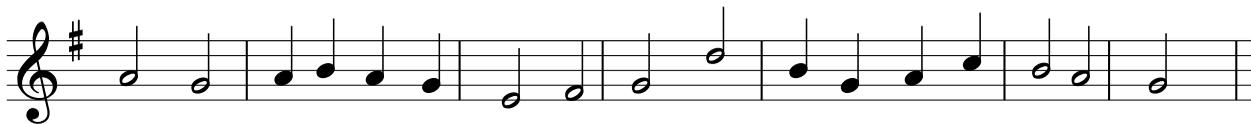
ve - ry heart and flesh cry out, O liv - ing God, for thee.  
hap - py they whose hearts are set up - on the pil - grim's quest.  
praise to thee, in glo - ry throned, Lord God, great King of kings.  
thou shalt sure - ly bless all those who live the words they pray.

## Offertory Sentence

*All sing*



Praise God from whom all bless-ings flow; praise him, all crea-tures here be-



- low; praise him a-bove, ye heaven-ly host; praise Fa-ther, Son, and Ho-ly Ghost.

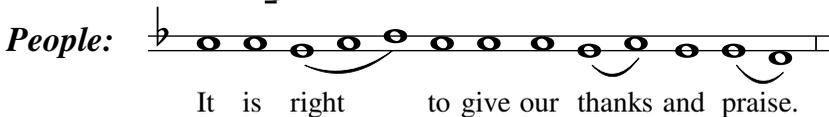
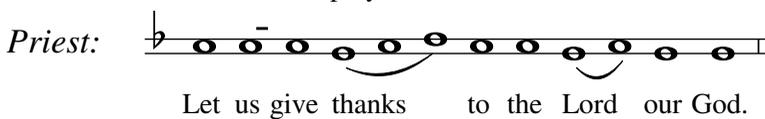
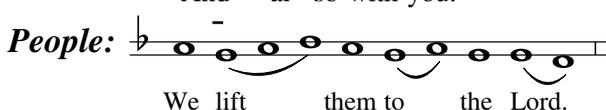
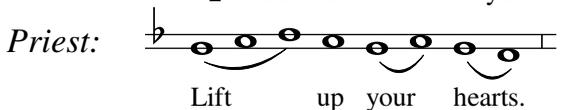
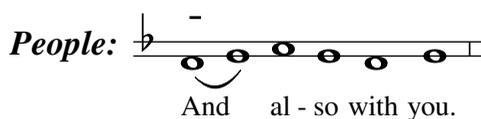
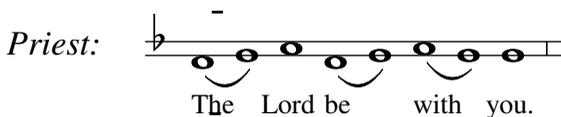
TEXT: Thomas Ken (1637-1710). MUSIC: Old 100th; Melody Geneva, 1551.

## ✠ The Celebration of the Eucharist (*Eucharistic prayer*)

### The Prayer Over the Gifts

*Priest:* God our refuge and our strength, receive all we offer you this day, and help us to experience the presence of your resurrected Son, the same Jesus Christ, our Lord.

*All:* Amen.



*Priest:* Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name:

Holy, holy, holy Lord God of Hosts, heav'n and earth are full of thy glory; Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

*Please kneel or be seated*

*Priest:* We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to be in your presence. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command.

*All:* **we remember his death, we proclaim his resurrection, we await his coming in glory;**

*Priest:* Father, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the body and blood of your Son Jesus Christ. Grant that all who share this bread and this cup may become one body and one spirit, a living sacrifice in Christ to the praise of your name. Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace. And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, martyrs, with St. George, and all the saints who have found favour with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord. Through Christ, and with Christ, and in Christ, all honour and glory are yours, almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

*All:* **Amen.**

## The Lord's Prayer

*Priest:* Gathering all our praises into one, let us pray as our Saviour taught us.

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

**Notre Père, qui es aux cieux, que ton Nom soit sanctifié, que ton règne vienne. Que ta volonté soit faite sur la terre comme au ciel. Donne-nous aujourd'hui notre pain de ce jour. Pardonne-nous nos offenses, comme nous pardonnons aussi à ceux qui nous ont offensés. Et ne nous soumetts pas à la tentation, mais délivre-nous du mal. Car c'est à toi qu'appartiennent le règne, la puissance et la gloire, dans les siècles des siècles. Amen.**

*Priest:* We break this bread,

*All:* **Communion in Christ's body once broken.**

*Priest:* Let your Church be the wheat which bears its fruit in dying.

*All:* **If we have died with him, we shall live with him;  
if we hold firm, we shall reign with him.**

*Priest:* The gifts of God for the People of God.

*People:* **Thanks be to God.**

*Agnus Dei - Communion Service in A minor - Harold Darke (1888-1876)*

*Sung by the choir*

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, grant us thy peace.

## The Communion

*All Christians are invited to receive Holy Communion.*

*Should you wish a blessing only, please cross your arms on your chest.*

*After receiving communion you are welcome to light a prayer candle on your way back to your seat.*

*Tous les chrétiens sont invités à communier.*

*Si vous préférez recevoir seulement la bénédiction du Seigneur, veuillez croiser vos bras sur votre poitrine.*

*Après la communion, en chemin vers votre banc, vous êtes invités à allumer une bougie de prière.*

## Communion Hymn: #503 – “FIGHT THE GOOD FIGHT”

*All sing*



1. Fight the good fight with all thy might, Christ is thy strength and Christ thy
2. Run the straight race through God's good grace; lift up thine eyes and seek his
3. Cast care a - side, lean on thy guide; his bound-less mer - cy will pro-
4. Faint not, nor fear, his arms are near; he chang - eth not and thou art



- right; lay hold on life and it shall be thy joy and crown e - ter - nal - ly.  
face. Life with its path be - fore us lies; Christ is the way and Christ the prize.  
- vide; trust, and the trust - ing soul shall prove Christ is its life, and Christ its love.  
dear. On - ly be - lieve, and thou shalt see that Christ is all in all to thee.

TEXT: John Samuel Bewley Monsell (1811-1875). MUSIC: Pentecost; William Boyd (1847-1928).

## Anthem: CALL TO REMEMBRANCE - *Jonathan Battishill (1738-1801)*

Call to remembrance, O Lord, Thy tender mercies and Thy loving kindness, which hath been ever of old. (Psalm 25: 6)

## Prayer after Communion

*Please stand*

*Priest:* All your works praise you, O Lord.

*All:* **And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

## The Blessing

## Announcements

*Please be seated*

Recessional Hymn: #560 – “GOD WHOSE ALMIGHTY WORD”

*Please stand & sing*



1. God, whose al - might - y Word cha - os and dark - ness heard,  
 2. Sav - iour, who came to bring on your re - deem - ing wing  
 3. Spir - it of truth and love, life giv - ing, ho - ly Dove,  
 4. Gra - cious and ho - ly Three, glo - ri - ous Trin - i - ty,



and took their flight hear us, we hum - bly pray, and where the  
 heal - ing and sight, health to the sick in mind, sight to the  
 speed on your flight! Move on the wa - ter's face bear - ing the  
 wis - dom, love, might, bound - less as o - cean's tide roll - ing in



gos - pel day sheds not its glo - rious ray, let there be light!  
 in - ly blind: now for all hu - man - kind let there be light!  
 lamp of grace, and in earth's dark - est place let there be light!  
 full - est pride: through the world far and wide let there be light!

TEXT: John Marriott (1780-1825), alt. MUSIC: Moscow; Felice de Giardini (1716-1796).

**Dismissal** - *The “Alleluia” is omitted during the season of Lent.*

*Priest:* Go forth in the name of Christ.

*People:* **Thanks be to God.**

*Choir:* Amen.

**Postlude:** Christus, der uns selig macht (BWV 620) - *J.S. Bach (1685-1750)*

*(See the Lord of life and light)*

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**Our Motto**

"To know Christ and to make Him known" "Connaître le Christ et le faire connaître"



### Our Mission Statement:

To actively witness to the faith that is given to each of us as we open our hearts and minds to God, and to share this wholeheartedly with those who live, work and study in downtown Montreal through the transforming love of Jesus and the empowering of the Holy Spirit.

We welcome all visitors and newcomers to our services today. If you are a visitor, we invite you to make yourself known to one of our Greeters or Clergy.

Nous souhaitons la bienvenue aux visiteurs et aux nouveaux venus à nos services d'aujourd'hui et nous vous invitons à vous faire connaître auprès d'une des personnes à l'accueil ou auprès d'un membre du clergé.

### TODAY

**Following the 10:30 a.m. service ...** We invite everyone to join us for refreshments.

### THIS WEEK

<b>Tuesday – Friday</b>	10:30 a.m. – 2:00 p.m.	Community Lunch
<b>Wednesday</b>	12:15 p.m. – 1:00 p.m.	Holy Communion (Chancel)
	1:00 p.m. – 2:00 p.m.	Bible Study (Boardroom)
<b>Thursday</b>	5:30 p.m.	Choir Practice

### NEXT SUNDAY – MARCH 15, 2020

#### THE THIRD SUNDAY IN LENT

Exodus 17.1-7 / Romans 5.1-11 / John 4.5-42

<b>9:00 a.m.</b>	<b>Holy Communion</b> (Chapel) <i>Preacher:</i> The Rev. Deborah Noonan
<b>10:30 a.m.</b>	<b>Sung Eucharist</b> <i>Preacher:</i> The Rev. Deborah Noonan

### NOTICES

**CELEBRATION SUNDAY** – If it is your birthday during the month of **March** or if you are celebrating a significant life event, please let the office know. We will have cake or goodies to mark the occasion and read the names of those who are celebrating **that month**.

## UPCOMING EVENTS



**CIVITAS<sup>x</sup>, “MEALS TO THE STREETS” – Saturday, March 14<sup>th</sup>.** Join us to have fun and do good with our Muslim friends and many others when we will make and deliver our 5000th meal together. For more information, please speak to Deborah Hinton, Honor Barrett or Carole Kapelanski at the church office.

### **Confirmation Course/Anglicanism 101**

**When?** Sundays **March 15, 22, 29 and April 5, 19 and 26**, from 12:30-2pm in the Board Room. **Who is this course for?** This is a course for those who are new to the Anglican Church to explore the Church’s worship, beliefs and history. It is also a good starting place for adults who would like to be baptised, confirmed or received (welcomed into the Anglican Church from another church tradition). If you have been coming to church for a long time and want a “refresher” you are also welcome **What will we learn about?** We will explore how the Anglican tradition of prayer book worship shapes our beliefs, what Anglicans believe about the Sacraments of Baptism and the Eucharist and how we read the bible. We will also discuss what it means to be apart of the church and explore Anglican spiritual practices, including prayer. Please contact Rev. Debbie if you would like to join the course ([formation@st-george.org](mailto:formation@st-george.org)). There is no book to buy this year but there will be a few short articles given out throughout the course. The course will be taught by Rev. Debbie Noonan with guest appearances by the other priests.

**A note on Holy Communion and Hygiene in this Cold and Flu season:** Please use the hand sanitizer available at the back of the church or by the door to the Parish Hall. and for those participating in the service, at the altar. The practice of Intinction (dipping your wafer into the chalice of wine) is not recommended as germs can be spread from a person's hands into the chalice. Contrary to what you might think, receiving directly from the chalice is the most sanitary as the silver of the chalice and the alcohol content of the wine have antimicrobial and antibacterial properties. For those who have a cold or the flu or who do not wish to receive the wine, rest assured that you receive the full benefits of the sacrament in the bread. Please speak with a member of the clergy if you have any questions or concerns.

## **PRAYER RESOURCES IN LENT**

**DAILY PRAYER IN LENT** – Parishioners are welcome to join in keeping the Lenten discipline of daily prayer by praying the Offices at home. Booklets for Morning Prayer, Evening Prayer, and Compline (see explanation below) are all available on the resource table. We encourage you to make one or more of these a daily devotion during this season of Lent.

**COMPLINE** – Members of the parish are invited to undertake the recitation of Compline as a sign of this awareness. Compline is the church's service of 'Night Prayer', meant to be said just before retiring. It takes about 5-10 minutes, and is a way of putting the day away, and commending oneself into the refreshing care of God through the night. If you would be willing to covenant to undertake this practice for the 40 days of Lent, copies of the service are available on the resource table.