



**THE LAST SUNDAY AFTER EPIPHANY:
TRANSFIGURATION SUNDAY: HOLY EUCHARIST**
SUNDAY, FEBRUARY 23, 2020 AT 10:30 A.M.
St. George's Anglican Church: 1101 Stanley Street, Montreal, QC
office@st-georges.org • Tel: (514) 866 7113 • www.st-georges.org

(Please join in the congregational parts of the service, which are shown in **bold print**.)

Ministering in the service today ... Celebrant & Preacher: The Rev. Dr. Karen Egan; **Deacon:** The Rev. Deborah Noonan; **Ministrants:** David Wigglesworth, Hilliard Goldfarb; **Server:** Patrick Burrowes; **Torches:** Kasra Golnaraghi, Don Costache; **Readers:** Jane Wigglesworth, Muriel Eaton; **Intercessor:** Susan Searle; **Greeters:** Malcolm McLeod, Tom Burpee, Gustavo Arroyo; **Altar Guild:** Ian Scott; **Children's Ministry Coordinator:** Elodie Lambert; **Music Director:** Jean-Sébastien Allaire; **Organist:** Philip Crozier.

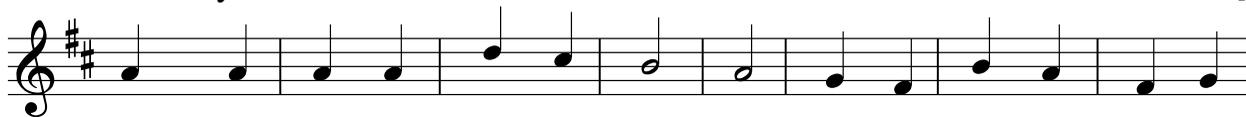
Prelude: Herr Gott, nun schleuss den Himmel auf (BWV 617) - J.S. Bach (1685-1750)
(Lord God, now open wide thy heaven)

MOTET: "O NATA LUX" (Thomas Tallis, 1505-1585)

Sung by the choir

O born light of light, Jesus, redeemer of the world, mercifully deem worthy and accept the praises and prayers of your supplicants. Thou who once deigned to be clothed in flesh for the sake of the lost ones, grant us to be made members of your holy body.

Processional Hymn: #381 – "PRAISE, MY SOUL, THE KING OF HEAVEN" *Please stand & sing*



1. Praise, my soul, the King of heav - en; to his feet your tri - bute
2. Praise him for his grace and fa - vour to our fore-bears in dis-
3. Fa - ther - like he tends and spares us; well our fee - ble frame he
4. Frail as sum-mer's flower we flour - ish; blows the wind and it is
5. An - gels, help us to a - dore him; you be - hold him face to



bring; ran - somed, healed, re - stored, for - giv - en, ev - er - more his
- tress; praise him, still the same for - ev - er, slow to chide and
knows; in his hands he gent - ly bears us, res - cues us from
gone; but, while mor - tals rise and per - ish, God en - dures un-
face; sun and moon bow down be - fore him, dwell - ers all in



prais - es sing. Al-le - lu-ia, al-le - lu-ia, praise the ev - er - last - ing King.
swift to bless; al-le - lu-ia, al-le - lu-ia, glo - rious in his faith - ful - ness.
all our foes: al-le - lu-ia, al-le - lu-ia, wide - ly as his mer - cy flows.
- chang - ing on: al-le - lu-ia, al-le - lu-ia, praise the high e - ter - nal one.
time and space. Al-le - lu-ia, al-le - lu-ia, praise with us the God of grace.

✠ The Gathering of the Community

Please remain standing

Priest: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: And also with you.

The Collect for Purity

Priest: Almighty God,

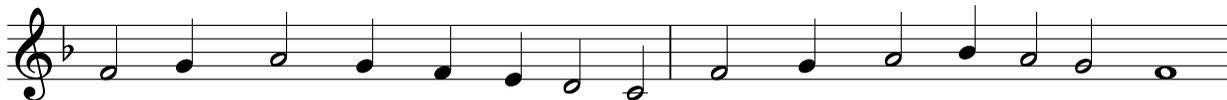
All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Gloria: #366 – “GLORY, IN THE HIGHEST GLORY”

Please remain standing & sing



1. Glo-ry, in the high - est glo - ry, peace to all, in all their days.
2. Je - sus Christ, the world's Re-deem-er, Lamb of God, for sin-ners given,



Wor-ship, thanks, and praise un-ceas-ing to the Source of all we raise:
Word e - ter - nal, born of Ma-ry, Word made flesh, the face of heaven:



reign-ing in the sap-phire height, hid-den from our mor - tal sight,
ho - ly one, to you we pray, hear us in the realms of day,



now re-ceive our a-dor-a-tion, as we make our sup-pli-ca-tion.
with the Spir - it there u-nit-ed, and the God-head high ex-alt - ed.

The Collect of the Day

Priest: Almighty God, on the holy mount you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: mercifully deliver us from the darkness of this world, and change us into his likeness from glory to glory; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All: Amen.

✠ The Proclamation of the Word

Please be seated

Reader: Lecture du Livre de l'Exode.

Le Seigneur dit à Moïse : « Monte vers moi sur la montagne et reste là ; je vais te donner les tables de pierre, la loi et les commandements que j'ai écrits pour qu'on les enseigne. » Moïse se leva avec Josué, son auxiliaire, et il gravit la montagne de Dieu. Auparavant il avait dit aux anciens : « Attendez-nous ici jusqu'à notre retour. Aaron et Hour sont avec vous : celui qui a une affaire à régler, qu'il s'adresse à eux. » Moïse gravit donc la montagne, et la nuée recouvrit la montagne, la gloire du Seigneur demeura sur la montagne du Sinaï, que la nuée recouvrit pendant six jours. Le septième jour, le Seigneur appela Moïse du milieu de la nuée. La gloire du Seigneur apparaissait aux fils d'Israël comme un feu dévorant, au sommet de la montagne. Moïse entra dans la nuée et gravit la montagne. Moïse resta sur la montagne quarante jours et quarante nuits.

The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

Reader: Parole du Seigneur.

Exodus 24.12-18

People: Nous rendons grâce à Dieu.

A moment of silence is observed



Cantor: 1. The Lord is King; let the **peo-ples** tremble :

People: **he sitteth upon the cherubim; let the earth be mov-ed.**

Cantor: 2. The Lord is **great** in Si-on :
and high a-**bove** all the peo-ples.

People: 3. **Let them give thanks un-to thy Name :**
which is great and wonderful; for he is ho-ly.

Cantor: 4. The King's power loveth judgement; thou dost es-**tab**-lish e-qui[^]ty :
thou dost execute judgement and righ-**teous**-ness in Ja-cob.

People: 5. **O magnify the Lord our God :**
and fall down before his footstool; for he is ho-ly.

Cantor: 6. Moses and Aaron among his priests,
and Samuel among such as call up-**on** his Name :
these called upon the **Lord**, and he heard them.

People: 7. **He spake unto them out of the cloud-y pil-lar :**
for they kept his testimonies, and the law that he gave them.

Cantor: 8. Thou heardest them, O **Lord** our God :
thou forgavest them O God, though thou didst **pun**-ish their do-ings.

People: 9. **O magnify the Lord our God, and worship at his ho-ly hill :**
for the Lord our God is ho-ly.

Reader: A Reading from the Second Letter of Peter.

Please be seated

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning

star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Reader: The word of the Lord.

2 Peter 1.16-21

People: **Thanks be to God.**

A moment of silence is observed

Sequence Hymn: #375 – “AT THE NAME OF JESUS”

Please stand & sing

The first two verses are sung before the Gospel, the remaining verses, after.



1. At the name of Je - sus ev - ery knee shall bow,
2. Hum - bled for a sea - son to re - ceive a name
3. Name him, Chris - tians, name him, with love strong as death,
4. In your hearts en - throne him; there let him sub - due



ev - ery tongue con - fess him King of glo - ry now;
from the lips of sin - ners un - to whom he came,
but with awe and won - der, and with ba - ted breath;
all that is not ho - ly, all that is not true;



'tis his Fa - ther's plea - sure we should call him Lord,
faith - ful - ly he bore it, spot - less to the last,
he is God the Sav - iour, he is Christ the Lord,
crown him as your Savi - our in temp - ta - tion's hour;



who from the be - gin - ning was the might - y Word.
brought it back vic - to - rious when from death he passed.
ev - er to be wor - shipped, trust - ed, and a - dored.
let his will en - fold you in its light and power.

The Gospel

Priest: The Lord be with you.

People: **And also with you.**

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: 

Glo-ry to you, Lord Je-sus Christ.

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

Priest: The Gospel of Christ.

Matthew 17.1-9

All: 

Praise to you, Lord Je-sus Christ.

Sermon: The Rev. Dr. Karen Egan

Please be seated

The Prayers of the People

Please kneel or be seated

Leader: O God of God and Light of Light, with shining face and dazzling raiment you revealed yourself to Peter, James, and John, giving them a glimpse of your glory. We thank you for continuing to reveal your glory to your Church on earth.

Prayers for the church are offered

We pray that all your servants may reflect the transfigured face of Christ in all whose lives they touch. We pray to you, Lord.

All: **Lord, hear our prayer.**

Leader: O God of God and Light of Light, guide the leaders of the nations as they seek the path that leads to justice and peace for their peoples. We pray for the world.

Prayers for the world are offered

Leader: Send your holy angels to protect those who are overshadowed by violence, hunger, poverty, and despair. We pray to you, Lord.

All: **Lord, hear our prayer.**

Leader: O God of God and Light of Light, be present in the lives of the sick and the suffering, the lonely and the lost.

The names of the sick and suffering are offered

I invite your prayers, spoken aloud or offered in the sanctity of silence.

Please offer your prayers, as the Spirit moves you

Leader: Comfort them with the assurance that nothing can ever separate them from your steadfast love. We pray to you, Lord.

All: **Lord, hear our prayer.**

Leader: O God of God and Light of Light, your love shines even in the darkness of death. We give thanks for the lives of those whom you have welcomed home.

The names of those who have died are offered

Leader: Rest eternal grant unto them, O Lord.

All: **And let light perpetual shine upon them.**

Leader: May they rest in peace and rise in Christ's glory. Bless and comfort their loved ones, and fill us all with the holy and certain hope of light and life everlasting. We pray to you, Lord.

All: **Lord, hear our prayer.**

Leader: O God of God and Light of Light, it is indeed good to be here in your sanctuary this day as you reveal your glory through your very body and blood. Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ who lives and reigns with you and the Holy Spirit, One God, world without end.

All: **Amen.**

Confession and Absolution

Ministrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Priest: Most merciful God,

All: **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are**

truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: Amen.

The Peace

Please stand

Priest: The peace of the Lord be always with you.

People: And also with you.

Ministrant: This is my beloved Son, with whom I am well pleased; listen to him. (*Matt. 17.5*)

Offertory Hymn: #84 – “LORD, ENTHRONED IN HEAVENLY SPLENDOUR”

All sing



1. Lord, en - throned in heaven - ly splen - dour,
 2. Here our hum - blest hom - age pay we;
 3. Though the low - liest form doth veil thee
 4. Pas - chal Lamb, thine of - fering, fin - ished
 5. Life - im - par - ting heaven - ly Man - na,



first be - got - ten from the dead, thou a - lone, our
 here in lov - ing rev - erence bow; here for faith's dis -
 as of old in Beth - le - hem, here as there thine
 once for all when thou wast slain, in its full - ness
 strick - en Rock with stream - ing side, heaven and earth with



strong de - fen - der, lift - est up thy peo - ple's head.
 - cern - ment pray we, lest we fail to know thee now.
 an - gels hail thee, branch and flower of Jes - se's stem.
 un - di - min - ished shall for ev - er - more re - main,
 loud ho - san - na wor - ship thee, the Lamb who died,



Al - le - lu - ia, Je - sus, true and liv - ing bread!
 Al - le - lu - ia, thou art here, we ask not how.
 Al - le - lu - ia, we in wor - ship join with them.
 al - le - lu - ia, cleans - ing souls from ev - ery stain.
 al - le - lu - ia, risen, as - cen - ded, glo - ri - fied!

TEXT: George Hugh Bourne
 (1840-1925). MUSIC: St.
 Osmund; Healey Willan (1880-
 1968); © 1994 Waterloo Music
 Co. Ltd.

Offertory Sentence

All sing



Praise God from whom all bless-ings flow; praise him, all crea-tures here be-



- low; praise him a-bove, ye heaven-ly host; praise Fa-ther, Son, and Ho-ly Ghost.

TEXT: Thomas Ken (1637-1710). MUSIC: Old 100th; Melody Geneva, 1551.

✠ The Celebration of the Eucharist (Eucharistic Prayer 1)

The Prayer over the Gifts

Priest: Holy God, receive all we offer you this day, and bring us to that radiant glory which we see in the transfigured face of Jesus Christ our Lord.

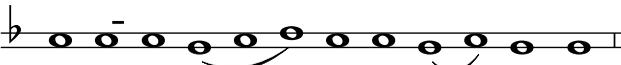
All: Amen.

Priest: 
The Lord be with you.

People: 
And al - so with you.

Priest: 
Lift up your hearts.

People: 
We lift them to the Lord.

Priest: 
Let us give thanks to the Lord our God.

People: 
It is right to give our thanks and praise.

Priest: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses and Miriam you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Sanctus (David Hurd)

All Sing



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



hea-ven and earth are full of your glo-ry. Ho-san-na in the high - est.



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high-est.

MUSIC: New Plainsong, David Hurd (1950-). © 1981 G.I.A. Publications, Inc.

Please kneel or be seated

Priest: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Creator of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will. On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Priest: Whenever you drink it, do this for the remembrance of me." Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith:

All sing



Christ has died, Christ is ris-en, Christ will come a-gain.

MUSIC: The Sunday Eucharist; arr. Martin How (1931-); arr. © G.I.A. Publications, Inc.

Priest: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

All: **Amen.**

The Lord's Prayer

Priest: Gathering all our praises into one, let us pray as our Saviour taught us.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Notre Père, qui es aux cieux, que ton Nom soit sanctifié, que ton règne vienne. Que ta volonté soit faite sur la terre comme au ciel. Donne-nous aujourd'hui notre pain de ce jour. Pardonne-nous nos offenses, comme nous pardonnons aussi à ceux qui nous ont offensés. Et ne nous soumetts pas à la tentation, mais délivre-nous du mal. Car c'est à toi qu'appartiennent le règne, la puissance et la gloire, dans les siècles des siècles. Amen.

The Breaking of the Bread

Priest: We break the bread of life, and that life is the light of the world.

People: **God here among us, light in the midst of us, bring us to light and life.**

Priest: The gifts of God for the People of God.

People: **Thanks be to God.**



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: grant us peace.

MUSIC: New Plainsong, David Hurd (1950-). © 1981 G.I.A. Publications, Inc.

The Communion

All Christians are invited to receive Holy Communion.

Should you wish a blessing only, please cross your arms on your chest.

Tous les chrétiens sont invités à communier. Si vous préférez recevoir seulement la bénédiction du Seigneur, veuillez croiser vos bras sur votre poitrine.

Communion Hymn: #372 – “PRAISE TO THE HOLIEST IN THE HEIGHT”

All sing



1. Praise to the Ho - liest in the height, and in the depth be praise,
 2. O lov - ing wis - dom of our God! When all was sin and shame,
 3. O gen - erous love! that flesh and blood, which did in Ad - am fail,
 4. and that the high - est gift of grace should flesh and blood re - fine,
 5. who in the gar - den se - cret - ly, and on the cross on high,
 6. Praise to the Ho - liest in the height, and in the depth be praise,



in all his words most won - der - ful, most sure in all his ways.
 a sec - ond Ad - am to the fight and to the res - cue came.
 should strive a - fresh a - gainst the foe, should strive and should pre - vail;
 God's pres - ence, and his ve - ry self, and es - sence all di - vine;
 should teach his fol - lowers, and in - spire to suf - fer and to die.
 in all his words most won - der - ful, most sure in all his ways.

TEXT: John Henry Newman (1801-1890), alt. MUSIC: Gerontius; John Bacchus Dykes (1823-1876).

Anthem: "The Secret of Christ" - *Richard Shephard (b. 1949)*

Sung by the choir

For a long time, I have held my peace, but now I speak. I will lead the blind in a way that they know not, in paths that they have not known I will guide them. I will turn their darkness into light, and I will not forsake them. And he shewed me a pure river of the water of life, clear as crystal, proceeding out of the throne of God; and on either side of the river was there the tree of life, and the leaves of the tree were for the healing of the nations. Help us, Lord, to persevere in prayer with minds awake and thankful hearts, that we may share the secret of Christ with those we meet on our earthly pilgrimage, following in the steps of Jesus, our Master and our friend. Amen.

Prayer after Communion

Please stand

Priest: Holy God, we see your glory in the face of Jesus Christ. May we who are partakers of his table reflect his life in word and deed, that all the world may know his power to change and save. We ask this in his name.

All: **Amen.**

Priest: Glory to God,

All: **whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus for ever and ever. Amen.**

The Blessing

Announcements

Please be seated

Recessional Hymn: #322 – “ALL HAIL THE POWER OF JESUS’ NAME” *Please stand & sing*



1. All hail the power of Je - sus' name! Let an - gels pros - trate
2. Hail him, the heir of Da - vid's line, whom Da - vid Lord did
3. Crown him, you mar - tyrs of your God, who from his al - tar
4. Sin - ners, whose love can ne'er for - get the worm - wood and the
5. Let ev - ery tongue and ev - ery tribe, de - liv - ered from the
6. O that, with hea - ven's sa - cred throng, we at his feet may



fall; bring forth the roy - al di - a - dem and crown him,
call, the God in - car - nate, life di - vine, and crown him,
call; praise him whose burn - ing path you trod, and crown him,
gall, go, spread your troph - ies at his feet, and crown him,
fall, to Christ all ma - jest - y a - scribe, and crown him,
fall, lift high the u - ni - ver - sal song, and crown him,



crown him, crown him, crown him Lord of all.

TEXT: Edward Perronet (1726-1792), alt. MUSIC: Miles Lane; William Shrubsole (1759?-1806).

Dismissal

Priest: Go forth into the world and shine with the light of Christ. Alleluia!

People: **Thanks be to God. Alleluia!**

Choir: Amen.

Postlude: Dialogue sur les grands jeux (Messe pour les Couvents) - *François Couperin (1668-1733)*

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Our Motto

"To know Christ and to make Him known" "Connaître le Christ et le faire connaître"



Our Mission Statement:

To actively witness to the faith that is given to each of us as we open our hearts and minds to God, and to share this wholeheartedly with those who live, work and study in downtown Montreal through the transforming love of Jesus and the empowering of the Holy Spirit.

We welcome all visitors and newcomers to our services today. If you are a visitor, we invite you to make yourself known to one of our Greeters or Clergy.

Nous souhaitons la bienvenue aux visiteurs et aux nouveaux venus à nos services d'aujourd'hui et nous vous invitons à vous faire connaître auprès d'une des personnes à l'accueil ou auprès d'un membre du clergé.

TODAY

Following the 10:30 a.m. service ... We invite everyone to join us for refreshments. **Vestry Meeting** after the 10:30 service.

THIS WEEK

Tuesday – Friday	11:30 a.m. - 1:30 p.m.	Community Lunch
Ash Wednesday	12:15 p.m.	Imposition of Ashes & Holy Communion (Chancel)
	1:00 p.m. – 2:00 p.m.	Bible Study (Boardroom)
Thursday	5:30 p.m.	Choir Practice

NEXT SUNDAY – MARCH 1, 2020

THE FIRST SUNDAY IN LENT

Genesis 2.15-17, 3:1-7 / Romans 5.12-19 / Matthew 4.1-11

9:00 a.m.	Holy Communion (Chapel) <i>Preacher:</i> The Rev. Karen Egan
10:30 a.m.	Choral Eucharist <i>Preacher:</i> The Rev. Karen Egan

NOTICES

ANNUAL VESTRY MEETING: The Annual Vestry Meeting takes place **TODAY**, following the 10:30 a.m. service.

CELEBRATION SUNDAY – If it is your birthday during the month of **February** you are celebrating a significant life event, please let the office know. We will have cake or goodies to mark the occasion and read the names of those who are celebrating **that month**.

UPCOMING EVENTS

ASH WEDNESDAY, February 26th – Holy Communion with Imposition of Ashes will be held in the Church at **12:15 p.m.** Join us for a meaningful beginning to Lent at the Ash Wednesday services. The imposition of ashes is a sign of our penitence for the collective sins of the world and of our community. The ashes are a reminder of our mortality and of the gracious gift of life offered to us by God through Jesus.



CIVITAS^x, “MEALS TO THE STREETS” – Saturday, March 21st. Join us to have fun and do good with our Muslim friends and many others when we will make and deliver our 5000th meal together. For more information, please speak to Deborah Hinton, Honor Barrett or Carole Kapelanski at the church office.

Are you new to the church or to the Anglican Church in Canada? Are you interested in baptism, confirmation or renewing your baptismal vows? Please contact our priest for Christian Formation, Rev. Debbie (formation@st-georges.org). There will be a course running from mid-March-early May (with a break for Easter) to explore the Christian Faith and the Anglican Tradition.

A note on Holy Communion and Hygiene in this Cold and Flu season: Please use the hand sanitizer available at the back of the church or by the door to the Parish Hall. and for those participating in the service, at the altar. The practice of Intinction (dipping your wafer into the chalice of wine) is not recommended as germs can be spread from a person's hands into the chalice. Contrary to what you might think, receiving directly from the chalice is the most sanitary as the silver of the chalice and the alcohol content of the wine have antimicrobial and antibacterial properties. For those who have a cold or the flu or who do not wish to receive the wine, the base of the chalice can be touched as an alternative to receiving. Please speak with a member of the clergy if you have any questions or concerns.

PRAYER RESOURCES IN LENT

DAILY PRAYER IN LENT – Parishioners are welcome to join in keeping the Lenten discipline of daily prayer by praying the Offices at home. Booklets for Morning Prayer, Evening Prayer, and Compline (see explanation below) are all available in the parish hall. We encourage you to make one or more of these a daily devotion during this season of Lent.

COMPLINE – Members of the parish are invited to undertake the recitation of Compline as a sign of this awareness. Compline is the church's service of 'Night Prayer', meant to be said just before retiring. It takes about 5-10 minutes, and is a way of putting the day away, and commending oneself into the refreshing care of God through the night. If you would be willing to covenant to undertake this practice for the 40 days of Lent, copies of the service are available in the parish hall.